

**AGING AND DISABILITY RESOURCE CENTER OF WAUKESHA COUNTY
ADVISORY BOARD
Meeting Minutes**

**Meeting Date/Time: October 6, 2016 9:30 a.m.
Location: Human Services Center
514 Riverview Ave, Room 273
Waukesha WI 53188**

Committee Members:

<u>X</u>	Berthelsen, Judie	<u>EA</u>	Howard, Christine
<u>X</u>	Carriveau, Pat	<u>X</u>	Johnson, Monty
<u>EA</u>	Cizel, Maria	<u>X</u>	Ludka, Elaine
<u>X</u>	Franklin, Robert E.	<u>X</u>	Schweda, Susan
<u>X</u>	Friedrich, Carla	<u>EA</u>	Zaborowski, Bill
<u>EA</u>	Gamez, Margaret	<u> </u>	Vacant/Pending
<u>X</u>	Heberling, Sandie		

X = Present A = Absent EA = Excused Absence

Additional Attendees:

<u>X</u>	Smith, Mary	<u>X</u>	LaMountain, Paulette
<u>X</u>	Smith, Sue	<u>X</u>	Roskopf, Kurt
<u>X</u>	Bauer, Ronda		

Call to Order:

The meeting was called to order at 9:30 am by Vice-Chairman R. E. Franklin.

Public Comments

- Citizen Kurt Roskopf introduced himself to the Board. He is a member of the Wisconsin Counsel on Physical Disabilities. He provided a brief synopsis and would like the opportunity to provide an Educational Segment at a future meeting.
- S. Schweda shared that twice now she has been made aware that some discharge planners are not aware of the ADRC and the assistance they can provide in finding needed services.
- R. E. Franklin shared that some of the dining site participants are on blood thinners. They are concerned with the amount of greens being served. M. Glasgow said that there is misperception that people on blood thinners cannot eat foods with Vitamin K. M. Glasgow said that they should be monitored closely enough and that their dosage should be adjusted so that it will work with whatever foods they are eating. If they are consistent with their intake and don't overdo, the ½ cup to 1 cup serving size should be fine.

Approval of September 1, 2016 meeting minutes

R. E. Franklin called for approval of the meeting minutes of September 1, 2016. E. Ludka moved to approve the minutes; S. Schweda seconded the motion. All in attendance approved.

Motion carried.

Educational Segment: Legislative Process, Advocacy and Voting – ADRC Nutrition and Transportation Supervisor, Mike Glasgow

Mike Glasgow provided the Board with an informative presentation on public policy and advocacy. It is important to speak up. Know who to contact with your issues, your concerns and what matters to you. Advocacy is up to us; your voice does count.

ADRC Manager/Coordinator Report – M. Smith

- The ADRC is in the process of reviewing applications for the Coordinator’s position. We hope to have it filled in the next month or two.
- New Dementia Care Specialist Ronda Bauer will continue the good work started by Vicki Beduze.
- Two new ADRC Specialists recently started, one is still being recruited.
- The state contracts with a consultant every two years to survey of all the ADRCs around the state. The results will be shared with the Board at a meeting in the near future.
- All ADRCs are now required to complete a Business Plan. We also need to develop a Marketing Plan. Both will be shared with the Board at meeting in the near future as well.

ADRC Consumer Concerns – M. Smith

No Report

Health and Human Services Committee Report – C. Howard

No Report

Finance Committee Report – B. Zaborowski

No Report

Other Business/Updates - All

- P. Cariveau shared that she attended the Aging Network Conference in Wisconsin Dells. It was an excellent conference.

Adjournment:

R. E. Franklin called for a motion to adjourn the meeting. E. Ludka moved to adjourn. J. Berthelsen seconded the motion; all in attendance approved. Motion is carried.

Next Meeting: November 3, 2016

Health & Human Services Center, Board Room 271

514 Riverview Avenue

Waukesha WI 53188

Approved _____ Date _____

Recorded and Submitted by Sue Smith